

# Viva Viva Cathy McCormack

Dan Glass

SUMMARY: Fellow activist Dan Glass pays tribute to activist Cathy McCormack.

KEY WORDS: activism; hope; love; popular education; transformation

I feel very honoured to be given the opportunity to write a piece in tribute to Cathy McCormack.

Without a shadow of a doubt Cathy has been the biggest inspirational living legend I have ever been lucky enough to meet. That is a big statement considering how many blocks I have been around and how loud I am.

Since I met Cathy my whole perspective on life, love and liberty has changed. Cathy was sitting on a 'health, housing and climate change' panel as part of a health-activist panel in Glasgow in about 2005 and I was sitting in the audience spellbound by how such a huge heart and phenomenal mind could squeeze into such a tiny body.

Cathy had the audience captivated – so articulately drawing the dots between the deepening injustices of poverty, inequality and the climate crisis and weaving in an extraordinary web of how the powerful remain powerful and the weak

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Dan Glass is a healthcare and human rights award-winning activist, performer, writer and agitator from the Training for Transformation educational programme, born out of the Anti-Apartheid movement, the core of whose work is the development of critical consciousness and creativity to spur people 'to read their reality and write their own history'. Dan has won *Attitude* Magazine's campaigning role models for LGBTQI youth, a Guardian 'UK youth climate leader' and 2017 'Activist of the Year' with the 'Sexual Freedom Awards'.

See: Dan Glass and Cathy McCormack in conversation: <https://www.mixcloud.com/CathyMcCormack/>  
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